



SOL

Simply Ortho Lab



PATIENT SPLINT INSTRUCTIONS

Congratulations on receiving your new Splint. To keep your splint looking good, simply follow the instructions below.

- Rinse before each use
 - Wash with warm soapy water after each use
 - Do not scrub with toothpaste
 - Store the appliance in its case
 - Keep out of direct sunlight
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- You have been prescribed a hard/soft splint, prior to each use place splint into a cup of warm water for 30 seconds. This will soften the inner lining, making the appliance easier to insert.
 - To clean the appliance use a mild detergent and warm water. Do not use denture cleaners as it can be too abrasive.
 - Do not leave the appliance soaking in water as it can delaminate the inner lining.