



**SOL**  
Simply Ortho Lab



## **Patient ClearSplint Instructions**

Congratulations on receiving your new ClearSplint. To keep your ClearSplint looking good, simply follow the instructions below.

- Rinse before and after each use
- Wash with warm soapy water after each use. Do not soak in mouthwash or other chemicals. You can lightly scrub your ClearSplint with toothpaste if necessary
- Store the appliance dry and in its case
- Keep your ClearSplint out of direct sunlight
  
- Your ClearSplint is a Flexible Splint. Prior to each use, place splint into a cup of hot water for 1-2 minutes. The longer you leave your splint in the water, the softer it will become, making the appliance easier to insert.
- Do not leave the appliance soaking in water as it will make the ClearSplint cloudy.