



SOL
Simply Ortho Lab



PATIENT INVISIBLE RETAINER INSTRUCTIONS

Congratulations on receiving your new Invisible Retainers. To keep your retainers looking good, follow the instructions below.

- Rinse before each use.
- To clean your retainers, use a soft toothbrush and brush both the inside and outside with mild detergent in cold water. Do not scrub with toothpaste as it can be too abrasive.
- Always store the retainers in the case provided when you are not wearing them.
- Keep your retainers out of direct sunlight.
- Never drink hot liquids with the retainers in your mouth as it can cause them to warp or disfigure.
- Keep your retainers away from any pets. Dogs especially, love to chew them as they are attracted to the smell.