



SOL
Simply Ortho Lab



PATIENT SPLINT INSTRUCTIONS

Congratulations on receiving your new Splint. To keep your splint looking good, simply follow the instructions below.

- Rinse before each use
- Wash with warm soapy water after each use
- Do not scrub with toothpaste
- Store the appliance in its case
- Keep out of direct sunlight

- You have been prescribed a hard/soft splint, prior to each use place splint into a cup of warm water for 30 seconds. This will soften the inner lining, making the appliance easier to insert.
- To clean the appliance use a mild detergent and warm water. Do not use denture cleaners as it can be too abrasive.
- Do not leave the appliance soaking in water as it can delaminate the inner lining.